

Aligned
Business
Mastermind



MAP YOUR *soulscape*



Your Core Values

- Why are they important to you?
- What do they mean?
- How do you want them to show up in your business?
- How do you want them to show up in your personal & family life?
- How do you want them to show up in your health, well-being, & spirituality?
- How do you want them to show up in your relationships?
 - *clients, partners, team - family, friends, life partner*

Miriam Castilla

EMBRACE YOUR UNLIMITED POTENTIAL

Your Ideal Work Week & Day

- What EXACTLY do they look like?
- Hours & times
- WHO are you spending time with?
- WHAT are you doing - and NOT doing?
- WHERE do you work?
- WHEN do you work and not work?
- HOW does your day flow & how does everything stay on track?

LIST YOUR

Golden Rules



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EMBRACE YOUR UNLIMITED POTENTIAL



LIST YOUR NON-NEGOTIABLES:

- What are your daily non-negotiable activities?
- What are your monthly non-negotiable activities?
- List any overriding non-negotiable factors for business & life
- Make a list of your Golden Rules that will protect your Golden Goose



Your Definition of Success:

- BIG level goals (eg: A fun & highly profitable business I love)
 - Business/Finance
 - Spirituality/Self-Care
 - Health & well-being
 - Relationship & Home Life
 - Education, skills, travel & experiences
- ONE line that sums it all up ("Success is doing all I love & loving all I do")



MAP YOUR SOULSCAPE:

- Draw it, paint it, write it
- List your core values
- Get clear on your non-negotiables
- Lay out your Golden Rules
- State your Definition of Success
- Be clear on your big level goals



Your Evolved CEO self:

- What are her most important qualities?
- What did she need to embrace?
- What did she need to let go of?
- What are her golden rules?
- What is the mantra she lives by?
- What is her most important advice to you?

